



CENTER FOR CHILD & FAMILY HEALTH

Understanding Reflective Supervision and Consultation

Session 1

This workshop is co-sponsored by NCIMHA and the ARCh project. As a statewide non-profit, NCIMHA’s mission is to promote mental health for children birth through age 5 and expectant parents by collaborating to strengthen early childhood systems and developing an effective and supported workforce. With an IECMH grant from SAMHSA, the ARCh project’s goal is to improve IECMH outcomes of NC children ages birth to five through increasing access to services and advancing workforce capacity to effectively meet their needs.



NCIMHA
NORTH CAROLINA
INFANT AND EARLY CHILDHOOD
MENTAL HEALTH ASSOCIATION

Session 1: Participants will get a brief overview of what reflective supervision/consultation practice is and what research tells us about its value to professionals and programs supporting infants, toddlers, young children and those that care for them. Participants will enjoy a panel discussion that includes multi-disciplinary perspectives on the use and value of reflective supervision/consultation within multiple roles and programs. This session would be most beneficial for funders, policy makers, administrators, program managers and others interested in exploring or gaining a better understanding of how reflective supervision/consultation might benefit a variety of programs that support the social-emotional wellbeing, early relational health, or mental health of infants, young children and their families.

DETAILS

WHEN

**Session I: 12 to 1 pm on
June 13th, 2024**

WHO

Funders, policy makers, administrators, program managers and others who support social-emotional wellbeing, early relational health, or mental health of infants, young children and their families.

REGISTER

**SIGN UP AT
[LINK](#)**

TRAINERS

Cheri Coleman, MSW is the Director of Book Babies. She leads all aspects of development, implementation, strategy, and research for Book Harvest’s Book Babies program. Cheri previously worked for a decade at the Center for Child and Family Health, where she was a Family Support Worker and clinical supervisor with the Healthy Families Durham program and a clinical consultant for Attachment and Biobehavioral Catch-up Parent Coach trainees.



Jess Taylor-Pickford, LCSW, IMH-E® is the Program Manager for Reflective Supervision & Consultation with the North Carolina Infant & Early Childhood Mental Health Association. Additionally, she provides reflective supervision/consultation to individuals and groups, and enjoys bringing reflective practice into her current policy, systems, and partnership work. Jess has extensive clinical experience working directly with infants, toddlers and their families in a variety of settings, including early care and education centers, in homes, and in a private practice setting. She is Endorsed as an Infant Mental Health Mentor Clinical.

