



**ARCh**  
**PROJECT**

**CENTER FOR CHILD  
& FAMILY HEALTH**

# Understanding Reflective Supervision and Consultation

Session 2

This workshop is co-sponsored by NCIMHA and the ARCh project. As a statewide non-profit, NCIMHA's mission is to promote mental health for children birth through age 5 and expectant parents by collaborating to strengthen early childhood systems and developing an effective and supported workforce. With an IECMH grant from SAMHSA, the ARCh project's goal is to improve IECMH outcomes of NC children ages birth to five through increasing access to services and advancing workforce capacity to effectively meet their needs



**NCIMHA**  
NORTH CAROLINA  
INFANT AND EARLY CHILDHOOD  
MENTAL HEALTH ASSOCIATION

**Session 2:** Participants will have the opportunity to dive a bit deeper into how reflective supervision looks and feels, compared to other forms of supervision and coaching. Presenters will share resources for training on reflective supervision/consultation to support participants in identifying next steps for program implementation. Presenters will spend an additional 20-30 minutes with participants to discuss specific steps and strategies for implementation, based on agency culture, size, resources and supervisory capacity. This session would be most beneficial for those in supervisory roles, administration or others that are interested in exploring how reflective supervision/consultation can be introduced and implemented into practice.

**DETAILS**

## WHEN

**Session II: 10-11:30 am on  
June 26th, 2024**

## WHO

Supervisors and others that want to think about reflective supervision/consultation in practice

## REGISTER

**SIGN UP AT  
[LINK](#)**

**TRAINERS**

**Cheri Coleman, MSW** is the Director of Book Babies. She leads all aspects of development, implementation, strategy, and research for Book Harvest's Book Babies program. Cheri previously worked for a decade at the Center for Child and Family Health, where she was a Family Support Worker and clinical supervisor with the Healthy Families Durham program and a clinical consultant for Attachment and Biobehavioral Catch-up Parent Coach trainees.



**Jess Taylor-Pickford, LCSW, IMH-E®** is the Program Manager for Reflective Supervision & Consultation with the North Carolina Infant & Early Childhood Mental Health Association. Additionally, she provides reflective supervision/consultation to individuals and groups, and enjoys bringing reflective practice into her current policy, systems, and partnership work. Jess has extensive clinical experience working directly with infants, toddlers and their families in a variety of settings, including early care and education centers, in homes, and in a private practice setting. She is Endorsed as an Infant Mental Health Mentor Clinical.

